|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| JOSH | Sat | Sun | Time | Mon | Tues | Wed | Thurs | Fri |
| 7:00am | Breakfast | 2km Run | 6:30am | 2km Run | *N/A* | *N/A* | 2km Run | 2km Run |
| 8:30am | Soccer | Breakfast | 7:00am | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| 12:00pm | Lunch | Lunch | 10:40am | MorningTea | MorningTea | MorningTea | MorningTea | MorningTea |
| 3:30pm | 2km Run | 2km Run | 12:00pm | Lunch | Lunch | Lunch | Lunch | Lunch |
| 5:30pm | Dinner | Dinner | 3:30pm | Soccer | 2km Run | Soccer | 2km Run | 2km Run |
| 7:30pm | Read | Read | 5:30pm | Dinner | Dinner | Dinner | Dinner | Dinner |
| 8:00pm | Bed | Bed | 7:30pm | Read | Read | Read | Read | Read |
| JOSH’S | WEEKLY | SCHEDULE | 8:00pm | Bed | Bed | Bed | Bed | Bed |

